

City of Carson

Benefits Contact List

Coverage	Carrier	Website	Contact	Policy #
MEDICAL	CalPERS	my.calpers.ca.gov	888-225-7377	
DENTAL	Principal	www.principal.com	800-843-1371	GB H72421
LIFE	Cigna	www.cigna.com	800-362-4462	FLX967822
LTD	Cigna	www.cigna.com	800-362-4462	LK 965343
STD	Cigna	www.cigna.com	800-362-4462	LK 752174
Will Preparation Program	Cigna	www.cignawillcenter.com		City of Carson
Life Assistance EAP	Cigna	www.cignabehavioral.com/cgi	800-538-3543 / 24 Hours	City of Carson
Identity Theft Services	Cigna		USA: 888-226-4567 / 24 Hours Outside USA: 202-331-7635	City of Carson
Emergency Travel Assistance	Cigna		USA: 888-226-4567 / 24 Hours Outside USA: 202-331-7635	City of Carson
VISION	Superior Vision	www.superiorvision.com	800-507-3800	36448
401K	Voya	Contact: Kristina Bell-Taylor	949-395-4365	City of Carson
Voluntary Supplemental	Aflac	www.aflac.com	800-992-3522	225823
Voluntary Supplemental	Colonial Life	www.coloniallife.com	800-325-4368	C7373681
FSA Participants	BASIC	www.customerservice@basicpacific.com	800-574-5448	City of Carson
COBRA Participants	BASIC	cobra@basicpacific.com	800-574-5448	City of Carson

PRINCIPAL DENTAL NETWORK

How Do I Find A Participating Provider?

Use the Provider Directory on www.principal.com to locate nearby PPO & EPO dentists or see if your dentist participates in one of these networks.

1	Visit www.principal.com/dentist .
2	Begin your search by picking the state where you would like to find a provider. For Point of Service (POS) plans, the state selected should be California. After selecting California, specify the Principal POS Plan.
3	Enter the name of the provider you are looking for (if known). If you are looking for a nearby dentist, enter the city and state and/or ZIP code . Be sure to indicate how far you are willing to travel .
4	Select the desired specialty or use the No Specialty Preference default. Click Continue .
5	EPO providers will be listed first. For additional dentists not contracted with the EPO, select Show PPO Providers . The EPO network is a subset of the PPO network, and all EPO providers are also contracted as PPO providers. The EPO network provides the greatest discounts and preferred benefit design coverage.
6	Select a language if your preference is other than English. Click Continue .

You may nominate your dentist for inclusion in our network. Please submit the dentist's name, address, phone and specialty by calling 1-800-832-4450, or submit through www.principal.com/refer-dental-provider.

Broker Contact:

Bender Benefits & Insurance Services

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Rick Bender, President
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310-892-5058

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